

West Sussex Health and Wellbeing Board

24 January 2019 – At a meeting of the West Sussex Health and Wellbeing Board held at 2.00 pm at Haywards Heath Town Council, 40 Boltro Road, Haywards Heath, RH16 1BA.

Present: Mrs Jupp (Chairman)

Mr Marshall	Nigel Lynn	Diane Henderson
Rachel North	Laura Hill	Philippa Thompson
Anna Raleigh	Minesh Patel	Katrina Broadhill
Alex Bailey	Dominic Wright	Paul McKay
Natalie Brahma-Pearl	Gill Galliano	Mr Turner
Lesley Walker		

Also in attendance: Rosie Ross, Chief Inspector, Sussex Police.

Apologies: Kim Curry, Dr Su Stone, Nik Demetriades, Frances Russell, Samantha Allen, Siobhan Melia and Geraldine Hoban.

Part I

41. Chairman's Welcome

41.1 The Chairman welcomed Board Members, Officers and Members of the Public to the meeting.

42. Declaration of Interests

42.1 None

43. Urgent Matters

43.1 The Board was notified that the Annual Public Health Report 2018 would be published shortly and circulated to Members. This report outlined some of the key concepts and ideas for a joined up approach as well as setting out actions partners across the system can take to make health and wellbeing everyone's business.

43.2 The Board was reminded that the Joint Health and Wellbeing Strategy consultation would close on 27 January 2019. It was noted that feedback from the consultation would be used to inform the final strategy that would be launched in April 2019.

43.3 The Chairman announced that the West Sussex County Council care recruitment team were continuing work on a new recruitment website, 'Proud to Care West Sussex' which was scheduled to go live in late February 2019. The website would give providers the opportunity to advertise care vacancies for free. It was explained that the council was working towards the website being the 'go to place' for anyone interested in searching for and finding out about care jobs in West Sussex.

44. Minutes

44.1 It was noted that Diane Henderson was in attendance at the meeting on 11 October 2018 and the minutes of the meeting were amended to reflect this. Following this amendment it was resolved that the minutes of the meeting of the Health and Wellbeing Board held on 11 October 2018 were agreed.

45. Public Forum

45.1 The Chairman invited comments and questions from those observing the meeting. The questions and comments concerned:

- A written question concerning the local availability of NHS Health Checks in Mid-Sussex had been received by the Board. The Chairman read out the prepared answer for the questioner who was present at the meeting. This explained that the delivery of the NHS Health Check programme was a statutory function of West Sussex County Council's Public Health but there was no requirement specified as to how this should be delivered. It was noted that although all GP practices in West Sussex were offered the opportunity to deliver the NHS Health Check programme it was a practice decision whether to do so. Practices that chose not to deliver NHS health checks themselves were asked by Public Health to sign-post eligible patients on to other practices or pharmacies delivering the programme. It was advised that the following pharmacies in Mid Sussex provided NHS health checks, which could be accessed regardless of which GP practice a patient was registered with:

- Boots in Burgess Hill,
- Abbots Pharmacy, Lindfield, Haywards Heath.
- Day Lewis East Grinstead,
- Lloyds Pharmacy St Michaels Road East Grinstead,
- Lloyds Pharmacy Moatfield Surgery East Grinstead.

It was advised that over the next 12 months Public Health would be working with the Wellbeing programme teams to support them to potentially begin to deliver NHS Health checks in community venues. It was also advised that a new member of staff within Public Health had the role of working across primary care, supporting an increase in the numbers of NHS Health Checks being delivered. This individual would focus on working with providers (including practices) to address any significant gaps in access or provision.

- A written question concerning the integration of Health and Social Care in West Sussex. The Chairman read out the prepared answer for the questioner who was present at the meeting. It was accepted that as a health and social care economy there was some way to go to develop integrated working. Plans were being explored and there was commitment to jointly developing a model that would be relevant and effective for West Sussex.

- Ms Nicky Wiltshire, a St Catherine's Hospice Trustee, introduced herself to Board Members and issued an open invite to visit the hospice. It was noted that a new design for the hospice was being planned and a building project would be implemented. Members of the Board welcomed this invitation.
- Burgess Hill Town Councillor and West Sussex County Councillor, Anne Jones, raised concerns about a lack of Mental Health services in Mid-Sussex. The West Sussex County Council Director for Public Health advised that one of the core themes in the draft Joint Health and Wellbeing Strategy was the aim to reduce mental health problems particularly by ensuring good emotional wellbeing and mental health in children, young people and families. It was noted that the availability of mental health services in the area was a priority for the Horsham and Mid Sussex Clinical Commissioning Group (CCG).
- The Chief Executive of Arun District Council spoke on behalf of the District and Borough Councils to express the disappointment of the District and Boroughs at the recent decision taken by West Sussex County Council on Housing Related Support.

46. Health and Wellbeing in Mid Sussex

46.1 The Board received a presentation from Paul Turner, Wellbeing Manager, Mid-Sussex District Council. This provided an overview of the health and well-being issues and key priorities that were relevant to residents in Mid-Sussex. (Presentation tabled at the meeting and available on the website).

46.2 The Chairman invited comments and questions on the information received requesting a focus on how the Board could help support the Health Priorities in Mid-Sussex. Members:

- recognised the challenges Mid-Sussex faced in terms of an ageing population and increasing numbers of people with long term health conditions.
- praised and welcomed the work of the Mid-Sussex Health and Wellbeing Team which included targeted, intervention and support, good partnership working, a mental health focus and resilience at all life stages and particularly in young people and 'Living Well' events which were being developed and expanded.
- noted and praised the work of the Mid-Sussex Partnership which had three thematic task and finish groups on Community Safety, Health and Communities. It was also noted that the Mid-Sussex Partnership was made up from a group of organisations from across Mid Sussex that included Sussex Police and Mid-Sussex Voluntary Action who work together to solve issues that affect the district.
- acknowledged the areas of deprivation and the rural outreach required in the region. It was explained that a Health and Wellbeing Network supported local people with social prescribing services.
- suggested that libraries could be used as networking venues.

- highlighted that as part of Health and Wellbeing Lifestyle Behaviour changes smokers could be signposted to pharmacies for help to quit. It was reported that the best way forward to assist smokers to stop was being explored.
- commented that the Joint Health and Wellbeing Strategy would aim to strengthen and secure the Health and Wellbeing partnership working across all the District and Boroughs.

46.3 The Director of Public Health mentioned the recent visit from Public Health England's Chief Executive, Duncan Selbie and his praise for the partnership approach adopted in West Sussex and the excellent good practice across all the District and Boroughs. It was advised that the Public Health England Chief Executive would visit Mid-Sussex later this year.

46.4 Resolved that the Board:

- a) noted the report and presentation
- b) would support the Health Priorities in Mid-Sussex as set out in the draft Joint Health and Wellbeing Board Strategy that would be brought before the Board for its launch at the next meeting on 25 April 2019.

47. West Sussex Winter Pressures Falls Prevention Programme

47.1 The Board received a report on the West Sussex Winter Falls Prevention Programme. (Copy appended to the agenda and available on the website).

47.2 The report outlined that falls and fractures were a major health issue faced by older people in West Sussex. The human cost could include distress, pain, injury, loss of confidence, loss of independence and mortality. In West Sussex there were 4,495 emergency hospital admissions for falls related injuries in 2016/17. A common and serious injury resulting from a fall is hip fracture which significantly reduces independence and increases the risk of mortality. There were 1,240 admissions for hip fractures in 2016/17 resulting in an annual cost to West Sussex of more than £20,472,40.

47.3 It was advised that in health service terms falls were both high volume and costly and were one of the main precipitating factors for admission to care and nursing homes. West Sussex had seen a significant increase in demand with lengthy waiting times reported for specialist falls services.

47.4 It was noted that hip fracture admission was a key indicator for the supporting independence in later life priority in the West Sussex Plan. Action on falls was also one of the proposed transformational initiatives in the Ageing Well component of the Draft West Sussex Joint Health and Wellbeing Strategy. Falls prevention was included as one of the three priority areas in the Surrey and East Sussex Sustainability Transformation Plan (STP).

47.5 Board Members were advised that the Secretary of State for Health and Social Care allocated £3.3m to West Sussex to tackle winter pressures in the NHS (confirmed 26th November 2018). £1m of this was allocated to

falls prevention with the West Sussex Public Health team leading on delivering a priority programme of work in this area. The West Sussex Public Health team had engaged with key internal and external partners including Sussex Community Foundation Trust (SCFT), South East Coast Ambulance Service (SECAMB), Coastal West Sussex, Horsham and Mid-Sussex and Crawley Clinical Commissioning Groups, West Sussex Fire and Rescue Service, West Sussex Independent Living Service, and the seven district and borough councils across West Sussex to develop the 'West Sussex Winter Pressures Falls Programme.'

47.6 In discussing the report Board Members:

- stated that it was important for current providers to give out key messages. The Chairman drew attention to the Super Six booklet that included information for doing the balance test and six gentle exercises that people were being encouraged to do three times a week.
- commented that focus should be on preventing new fallers as well as preventing repeat falls.
- highlighted work force issues as a challenge especially in an area such as Mid-Sussex which required flexibility and adaptability to deliver the falls programme's aims. Upskilling staff and training were noted as key priorities in order to best utilise the existing work force.
- felt there was a need to use data to build up a picture of who was falling, when and why in order to best target prevention.
- commended the Falls Prevention programme's targeted approach with the use of local expertise.

47.7 The Chairman thanked Board Members for their feedback and looked forward to the positive outcomes of the programme.

47.8 Resolved that the Board noted the report.

48. Safeguarding Adults Annual Report 2017/18

48.1 The Board received the Safeguarding Adults Annual Report 2017/18, (Copy appended to the agenda and available on the website), from Annie Callanan, Independent Chair for West Sussex Safeguarding Adults Board (WSSAB) and Julie Phillips, West Sussex County Council Head of Safeguarding. This report had been presented to the Health and Adult Social Care Committee on 16 January 2019. The report detailed the WSSAB's work to deliver three statutory duties including the range of initiatives provided by multi-agency partners to meet these duties. It summarised the vision, principles, key achievements and safeguarding data as well as setting out the priorities for the following year.

48.2 The Chairman invited comments and questions on the information received with focus on how the Health and Wellbeing Board, as representative of partner agencies, could contribute to the objectives. Key points made were:

- the need to protect vulnerable adults, emphasising the need to look after their mental health whilst supporting their own decision making. There was also a responsibility towards Adult Carers.
- relatively new issues emerging such as modern day slavery which lacked recorded data and was a hidden crime.
- it was agreed that any safeguarding issues required an alert so that decisions could be made on a case by case basis.
- it was agreed that collaborative working between all interested partners could help identify safeguarding issues and provide shared information.
- the aim was to improve links with the Safeguarding Children's Board and the Health and Wellbeing Board. It was pointed out that a memorandum of understanding would be developed for overall synergy. The Chairman confirmed that she sat on the Safeguarding Adults Board so there would be a link to the Health and Wellbeing Board and emphasised that safeguarding was everybody's business.

48.3 The Chairman referred Board Members to the report's recommendations.

48.4 Resolved that the Board:

- a) endorsed the Safeguarding Adults Annual Report 2017/18 noting the priorities;
- b) agreed to actively support the Safeguarding Adult Board's Strategic Plan to improve prevention services and the experience of adults at risk; and
- c) agreed to work together in integrated services, meeting organisational responsibilities under the Care Act and sharing learning and improvement.

49. Safeguarding Children Annual Report 2017/18

49.1 The Board received the Safeguarding Children Annual Report 2017/18, (Copy appended to the agenda and available on the website), from Lesley Walker, the Chairman of the Safeguarding Children's Board and Andrew Fraser, the West Sussex County Council Interim Director of Children and Family Services. The Annual report had been presented to the Children and Young People's Select Committee on 10 January 2019.

49.2 The Safeguarding Children Annual Report 2017-18 (WSSCB) was prepared by an Independent Chair and Board Manager covering a period in which neither post holder was in situ. The report described the WSSCB's work to deliver three priority business areas:

- Prevention and protection of children at risk of or experiencing neglect
- Prevention and protection of children from exploitation and abuse
- Children's emotional well-being and mental health

The report also examined multi-agency service provision to children from early help services through child safeguarding and protection, including children who are looked after in West Sussex. It referenced key achievements and also highlighted future challenges faced by the Board.

49.3 The Chairman invited comments and questions on the information received. Members:

- were keen to ensure effective multi-agency collaboration, consistent commitment and engagement in WSSCB related activities across the partnership, with a shared sense of vision and purpose.
- noted that by June 2019 plans would be drafted on what partnership working would look like across West Sussex using a multi-agency approach to be as innovative and effective as possible to safeguard children. The purpose of this Local Safeguarding Children Partnership (LSCP) arrangement was to oversee multi-agency plans and strategies to protect children and safeguard their welfare. The LSCP would be led by three named safeguarding partners: Sussex Police, Clinical Commissioning Group (CCG) and the Local Authority – as set out in the Children and Social Work Act 2017 and under new statutory guidance requirements set out under Working Together to Safeguard Children, published in July 2018. This piece of work would be brought back to the Health and Wellbeing Board for comment.
- Welcomed closer working arrangements between partners. The West Sussex County Council Cabinet Member for Children and Young People emphasised that abuse was a key challenge and raising awareness was crucial to enable signs to be visible. It was noted that the LSCP could drive that change and the Health and Wellbeing Board would fully support as requested in recommendation 4 of the report.

49.4 Resolved that the Board:

- a) endorses the report and has considered the successes and areas for improvement for the West Sussex Safeguarding Children Board (WSSCB) in 2017-18;
- b) the WSSCB's Key Messages for partner agencies and West Sussex County Council be considered; and
- c) as partner agencies consider the West Sussex Safeguarding Children Board's key messages in line with the new Health and Wellbeing Board Strategy (currently in consultation) the Health and Wellbeing Board supports the development of a protocol between the Safeguarding Children's Board, the Health and Wellbeing Board and the Safer Sussex Partnership to ensure effective multi-agency collaboration.

50. Children's Local Transformation Plan

50.1 The West Sussex County Council Head of Children, Families and Working Age Adults, Alison Nuttall, presented the Children's Local Transformation Plan to the Board. (Copy appended to the agenda and available on the website). It was noted that West Sussex County Council was required by NHS England to refresh the plan annually by 31 October. The Chairman of the Health and Wellbeing Board received the refresh and due to time constraints agreed the update by Chairman's Action. The Board was requested to note the Chairman's Action and the updated Children's Local Transformation Plan.

50.2 It was explained that the West Sussex Children's Local Transformation Plan (LTP) is the plan for improving children and young people's mental health and emotional wellbeing services across the County. The LTP outlined an integrated, multi-agency system-wide approach which builds resilience, improves access to services and supports children and young people along pathways of care whatever their needs. It was noted that the Clinical Commissioning Groups (CCGs) in West Sussex (Coastal West Sussex, Horsham and Mid Sussex and Crawley) and West Sussex County Council were responsible for the joint commissioning of services and had worked together to develop the plan.

50.3 The focus was on 9 key priority workstreams:

1. Eating Disorders
2. Early intervention, prevention and targeted services and support
3. Crisis Care and Urgent Help
4. Health and Justice Pathway
5. Children and Young People's Improving Access to Psychological Therapies (CYP IAPT)
6. Workforce Transformation
7. Most vulnerable children and young people
8. Redesigning the neurodevelopmental pathway
9. Transition - Services for 16-25 year olds

50.4 In noting the report Board Members:

- welcomed a Sussex wide approach with a locally administered model but recognised the challenge in this and the need for improvement.
- noted that there was no single point of access for mental health support and identified this as an issue to explore.
- identified the need for a youth model and the recruitment of a workforce with a youth work background.
- would support the delivery of the identified work streams and requested regular updates.
- were pleased to note that in 2016/17 the rate of hospital admissions for self-harm among Children and Young People had fallen in West Sussex. Regular updates on this progress was requested.

50.5 Resolved that the Board noted the report and the Chairman's Action.

51. Tobacco Control Strategy

51.1 Sue Carmichael, the West Sussex County Council Public Health Lead for Healthy Lifestyles, presented the Tobacco Control Strategy. (Copy of the report appended to the agenda and available on the website).

51.2 This report outlined a proposal regarding the County Council working in partnership with stakeholders to co-produce a West Sussex strategy for tobacco control. The strategy would detail the West Sussex ambition to lead tobacco control actions which would reduce health inequalities and yield economic benefits. It was noted that the plan was intended to cover

the period 2019-2022; a timeframe aligned with the National Tobacco Control Plan.

51.3 It was pointed out that this strategy supported the goals set out in the NHS Long Term Plan. A comprehensive tobacco control strategy for West Sussex would also support the Joint Health and Wellbeing Strategy (2019-2024) goals of Starting Well, Living and Working Well and Ageing Well. Board Members were encouraged to attend the Health and Wellbeing Board Seminar on 7 February to explore the issues, and feedback on the strategy. Board Members would also receive information at this Seminar on the NHS Long Term Plan.

51.4 Board Members were informed that the Launch of the Tobacco Control Strategy was planned for 13 March 2019, National No Smoking Day.

51.5 In discussing the report, Board Members welcomed the Tobacco Control Strategy. It was confirmed that illicit tobacco would be covered. The links between poverty and smoking would also be included as would engagement with young people. Work was also underway to include the tobacco strategy in the health and wellbeing business plans of the District and Boroughs.

51.6 Resolved that the Board accepted the proposal of a Tobacco Control Strategy for West Sussex to contribute to work which helps to tackle health inequalities.

52. West Sussex Better Care Fund Programme

52.1 The Board received the regular updated report on the West Sussex Better Care Fund Programme. This report summarised Better Care Fund (BCF) performance at Month 7 (October) 2018/19. It also provided brief updates of the refresh on BCF quarterly reporting and planning for 2019/20. (Copy of the report appended to the agenda and available on the website)

53. Date of next Meeting

53.1 In closing the meeting, the Chairman passed on her thanks and those of the Board to Diane Henderson (Age UK) who was retiring. The Board noted their thanks for her contribution and hard work and wished her well in her future endeavours.

53.2 The date of the next meeting was confirmed as 25 April 2019.

The meeting ended at 5.00 pm

Chairman